



## FALL 2023 Parenting Classes

In Person |  zoom



Register for any these classes at [capsofsalina.org/parenting-classes/](https://capsofsalina.org/parenting-classes/)

### Cooperative Parenting in Divorce

Tuesdays | August 15-29

**In-person and online!**

6:00-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401 | [zoom](#)

This 3-session course will assist divorcing or divorced parents in reducing parental conflict and improving their child's post-divorce adjustment.

Katy Vinson, BS, and Ingrid Pohl, MS, CAPS Parent Education Partners.

**Pre-registration required for childcare.** If you are required to take this class and choose to participate virtually, your camera must be on and you must be visible for the duration of the class to receive a certificate of completion.

### The Parent Project®

Tuesdays | September 5-26, October 3, 17, 24, November 7-21

5:30-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

This 10-week series is designed for parents raising difficult or out-of-control adolescents, ages 10 and up. The Parent Project® provides concrete, no-nonsense solutions to even the most destructive adolescent behaviors. Dinner is provided.

Chelsea Sutton, LBSW, CAPS Family Mentoring Program Director; Rex Cearley, MS, CAPS Parent Education Partner; Alex Tyson, Juvenile Intensive Supervision Officer, 28th Judicial District

**Pre-registration required for childcare.**

### Grief Recovery Method® Support Group

Wednesdays | September 6-27, October 4-18, November 1

6:00-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

The action program for adults to move beyond death, divorce, pet loss, moving, and other losses.

Rex Cearley, MS, CAPS Parent Education Partner and Certified Grief Recovery Method Specialist

**Pre-registration required for childcare.**



*"Helping good parents...become  
GREAT parents!"*

Child Advocacy & Parenting Services, Inc.

Contact us at 785-825-4493 or visit our website at [capsofsalina.org](https://capsofsalina.org) to learn more.



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### Parenting with Love and Logic

Mondays | September 11-25, October 2-16

6:00-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

This class is designed to help make parenting fun and rewarding, instead of stressful and chaotic. It provides practical tools and techniques that help adults achieve respectful, healthy relationships with their children.

Katy Vinson, BS, CAPS Parent Education Partner

**Pre-registration required for childcare.**

### Paz Financiera™ por Andrés Gutiérrez, Experto Financiero (Spanish-Financial Peace Planning)

Jueves, Septiembre 14-28 y Octubre 5-19

6:00-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

En estas clases aprenderás principios de cómo administrar el dinero, crear riqueza, salir de deudas, y cómo hacer un presupuesto que funcione. ¡Prepárate para cambiar tu futuro y el de tu familia para siempre!


Grecia Castaneda-Torres, LBSW, CAPS Socio de Educación para Padres;

Brian Cano, BA, CAPS Socio de Educación para Padres y Defensor de Víctimas

**Se requiere preinscripción para el cuidado de niños.**

### Coming Out & Forging Ahead: LGBTQ+ Parenting

Mondays | October 23, 30 & November 6, 13

7:00-8:30 pm |  zoom

This class aims to dispel myths and share information about the unique challenges faced by LGBTQ+ youth.

It gives parents support as well as steps they can take to keep their LGBTQ+ kid safe, healthy and strong!

Vicki Price, MS, CAPS Education Director; Dr. Leah Peterson, Family Medicine Physician at Salina Family Healthcare Center;

Beverly Cole, Author; Stephanie Johannes, Teacher & Advocate

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