

## Cooperative Parenting in Divorce

This 3-session course will assist divorcing or divorced parents in reducing parental conflict and improving their child's post-divorce adjustment.

## Register online at capsofsalina.org/parenting-classes

Free childcare for children ages 12 and under, pre-registration required.

If you are required to take this class and choose to participate virtually, your camera must be on and you must be visible for the duration of the class to receive a certificate of completion.

## You will develop skills in:

- · Child-focused thinking
- Conflict management
- Cooperation between households





Katy Vinson, BS

Ingrid Pohl, MS

**CAPS** Parent Education Partners