



A FREE CAPS PARENTING EDUCATION CLASS



**Empowering Parents.
Transforming Teens.**

The Parent Project® is a free, 10-week series is designed for parents raising difficult or out-of-control adolescents, ages 10 and up. The Parent Project® provides concrete, no-nonsense solutions to even the most destructive of adolescent behaviors.

Dinner and free childcare for children under 12.
Pre-registration required.

In-person class at CAPS:
155 N. Oakdale Ave.
Suite 200
Salina, KS 67401

Register online at www.capsosalina.org/parenting-classes/



Child Advocacy & Parenting Services, Inc.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more.



**Tuesdays,
September 5-26
October 3, 17, 24
November 7-21**

**5:30 pm *Dinner*
6:00-8:00 pm *Class***

Join Rex, Chelsea and Alex to learn how to:

- Improve communication and dynamics
- Prevent or intervene in alcohol or drug use
- Promote school attendance and performance
- Find resources to help your family



Rex Cearley, MS
CAPS Parent
Education Partner



Chelsea Sutton, LBSW
CAPS Family Mentoring
Program Director



Alex Tyson
Juvenile Intensive
Supervision Officer
28TH JUDICIAL DISTRICT