



## SUMMER 2023 Parenting Classes

In Person | zoom



Register for any these classes at [capsosalina.org/parenting-classes/](https://capsosalina.org/parenting-classes/)

### Cooperative Parenting in Divorce

Tuesdays | May 30, June 6, June 13

6:00-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

This 3-session course will assist divorcing or divorced parents in reducing parental conflict and improving their child's post-divorce adjustment.

Katy Vinson, BS, and Ingrid Pohl, MS, CAPS Parent Education Partners.

Pre-registration required for childcare.

### Ayudando a Niños con Perdidas Emocionales®

Lunes, Junio 5-Julio 10

5:30-8:00 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

Para adultos que ayuden a los niños a superar la muerte, el divorcio, la pérdida de mascotas, la mudanza y otras pérdidas.

Egla Eikelberry, BA, CAPS Socio de Educación para Padres. Mentora Familiar y Especialista en SPE;

Grecia Castaneda-Torres, LBSW, CAPS Socio de Educación para Padres y Mentora Familia

*Se requiere preinscripción para el cuidado de niños.*

### Helping Children With Loss

Tuesdays | June 6-27

6:00-8:30 pm | 155 N. Oakdale, Suite 200, Salina, KS 67401

For adults to help children deal with death, divorce, pet loss, moving, and other losses. You will learn lifelong skills to process grief and loss.

Rex Cearley, MS, CAPS Parent Education Partner and Certified Grief Recovery Method Specialist

Pre-registration required for childcare.

### Cure for the Summertime Blues!

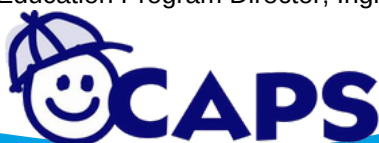
Mondays, July 10th & July 17th

7:00-8:30 pm | zoom

Got the mid-summer parenting blues? Getting exhausted from power struggles? Do you want to have more fun parenting?

Spend time with us to learn how to teach instead of blame and shame, connect and problem solve with your child, and take better care of yourself.

Vicki Price, MS, CAPS Education Program Director; Ingrid Pohl, MS, CAPS Parent Education Partner



Child Advocacy & Parenting Services, Inc.

Contact us at 785-825-4493 or visit our website at [capsosalina.org](https://capsosalina.org) to learn more.

*"Helping good parents...become  
GREAT parents!"*