




A FREE CAPS PARENTING EDUCATION CLASS



**Mondays,
7:00-8:30 pm
July 10th & 17th**

A Cure for the Summertime Blues!

Got the mid-summer parenting blues?
Getting exhausted from power struggles?
Do you want to have more fun parenting?

Register online at capsosalina.org

*If you are required by an agency to attend this class, we must physically see you on zoom the entire class time--the camera on your device must be on for you to get credit for your attendance. Credit is not given for watching the recordings.

Spend time with us and you will learn how to:

- Teach instead of blame and shame.
- Connect and problem solve with your child.
- Take better care of yourself.



Vicki Price, MS
CAPS Education
Program Director



Ingrid Pohl, MS
CAPS Parent
Education Partner



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more about CAPS programming.

