



The Grief Recovery Method®

Helping Children with Loss

For Adults to Help Children Deal with Death, Divorce, Pet Loss, Moving, and Other Losses

- Process disappointment, frustration and sadness.
- Put words to thoughts and feelings.
- Learn lifelong skills to process grief and loss.

"There isn't anyone in life who hasn't experienced some kind of loss. It's comforting to know that we are not alone in our sadness and that practical, easy-to-read, thoughtful help is available by way of Russell Friedman, John James and Leslie Landon Mathew's gentle insights on the pages of *When Children Grieve*. Thank you, Neighbors, for your obvious care." Fred Rogers

Preregistration for childcare required.

For more information, or to register, visit capsosalina.org/parenting-classes or call (785)825-4493.



REX CEARLEY, MS

Grief Recovery Method Specialist
CAPS Parent Education Partner

**Tuesdays
6:00-8:30pm**

**June
6, 13, 20, 27**