



A FREE CAPS PARENTING EDUCATION CLASS



Love and Logic for Teens

The teen years bring with them a whole new set of parenting experiences. Learn to avoid power struggles that can destroy relationships and set limits that let your teens know they are loved. Teach your teens good decision making skills. Help them navigate the rocky years of peer pressure.

[REGISTER HERE](#)

or visit capsofsalina.org to learn more

Free childcare for children ages 12 and under.

**Mondays,
6:00-8:00 pm**

April 3, 10, 17, 24

155 N. Oakdale
Suite 200
Salina, KS 67401

Join CAPS Parent Educator Cindy Ramsey and CAPS Education Director Vicki Price to learn how to:

- Adopt an open mind-set
- Help turn your teen's feelings of self-doubt into feelings of self-worth
- Teach responsibility without power struggles
- Focus on what's right



Vicki Price, MS
CAPS EDUCATION
PROGRAM DIRECTOR



Cindy Ramsey, CFLE
CAPS Parent
Education Partner



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsofsalina.org to learn more.

