



A FREE CAPS PARENTING EDUCATION CLASS

Mondays, 6:00-8:00 pm

Nov. 7, 14, 21 & 28

**155 N. Oakdale
Suite 200
Salina, KS 67401**

The Incredible Years, Condensed

If you have a child between the ages of 2-8, this class is for you! Those ages are incredible as well as challenging. Since approximately 70% of toddlers have at least one temper tantrum a day, even the best of parents can struggle. By learning the most effective approaches, parents can reduce their children's behavior problems. Parents and caregivers can also do much to strengthen a child's social, emotional and academic competence.

Join Vicki and Rex to discover the secrets of child-directed play and develop techniques for:

- Limit setting
- Handling misbehaviors
- Problem-solving



Vicki Price, MS
CAPS EDUCATION
PROGRAM DIRECTOR



Rex Cearley, MS
CAPS PARENT
EDUCATION PARTNER

REGISTER HERE

or visit capsosalina.org to learn more



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more about CAPS programming.

