



A FREE CAPS PARENTING EDUCATION CLASS

Cooperative Parenting in Divorce

This 6-session course will assist divorcing or divorced parents in reducing parental conflict and improving their child’s post-divorce adjustment.

[REGISTER HERE](#)

or visit capsosalina.org to learn more.

Mondays, Sep. 12 - Oct. 17
6:00 - 8:00 pm

155 N. Oakdale
Suite 200
Salina, KS 67401

Join Katy and Ingrid to learn:

- Conflict management skills
- Keeping child-focused
- Handling tense situations
- Making a peace plan
- Cooperation skills
- How to communicate with your ex without lighting a fuse
- Reducing bitterness
- Improving relationships between separate households



Katy Vinson, BS
CAPS PARENT EDUCATOR



Ingrid Pohl, MS
CAPS PARENT EDUCATOR



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more about CAPS programming.

