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Child Advocacy & Parenting Services, Inc.  
155 N. Oakdale Ave., Suite 200, Salina, KS 67401



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## SAVE THE DATE

*Every Child*  
**MATTERS**  
Fundraising Banquet

Tuesday, October 11, 2022  
5:30 - 8:30 pm  
Featured Speaker  
Ravi Hutheesing  
Global keynote speaker & author

Watch [www.capsosalina.org](http://www.capsosalina.org) for details

I want to be a CAPS partner to help change the lives of children

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Please contact me regarding CAPS being included in my estate planning.

So Many Possibilities!  
Your gift can provide...



- \$50** 1 Bullying Prevention class OR 3 hours of respite child care for an overwhelmed parent
- \$100** 4 Hours of parenting instruction OR 1 Happy Bear session for 25 children
- \$250** Family mentoring services for in-home visitation and parenting education
- \$500** Advocacy and support services for 1 victim and their non-offending parent
- \$1,000** 1 year of court advocacy and professional support for a CASA volunteer for a foster child
- \$2,000** 3 Months of 24/7 on-call support for children and their families
- ANY** Support for School Readiness activities

CAPS operates on 9.89% administrative expenses, 90.2% of your contribution goes to direct services for children and families. As a 501(c) 3 charitable corporation, your contribution is tax deductible.

Mail to: CAPS, 155 N. Oakdale Ave., Suite 200, Salina KS 67401 or call 785-825-4493 or DONATE TODAY at [www.capsosalina.org](http://www.capsosalina.org) through Paypal.

Improving children's lives and strengthening families through education, advocacy and family support.

# The Advocate

The voice of children and families for those who support them

CAPS Spanish Speaking Services benefits clients, community

*Read more inside...*



## CAPS Spanish Speaking Services



Reyna Banda-Torres, BA  
CAPS BILINGUAL SERVICES  
PROGRAM DIRECTOR

CAPS started offering services to Spanish speaking families in 2001. Since that time, the team has grown from one part-time employee to 5 full-time positions. The original hire was made for Family Mentoring, but now the agency is committed to providing all services (except Respite Childcare) in both languages.

### How Family Mentoring works

The Family Mentoring program is voluntary. The family either reaches out for services or just needs guidance about the community agency that can help. Most Spanish speaking families reach out to CAPS seeking services by self-referral or word of mouth. Referrals also

come from schools, the Department for Children and Families, therapists, lawyers, community agencies or other agencies working with children and families. After the initial contact, intake is completed, and an assessment of the family's needs is completed. Next, the CAPS determines if the Family Mentoring program best meets those identified needs or if a referral to other community support would better serve the family.

If the family agrees to participate, a plan is completed and includes one-on-one parenting education through weekly in-home visitation, or evening classes. Family Mentors teach families about parenting through a curriculum or simple life skills, all depending on the needs of the family, without judgement. Mentors guide parents to find self-motivation and improvement to strengthen their family.

### What areas do families need support?

To find the best resources for a client, it's best to understand all areas of their life. A Family Mentor inquires about their housing, jobs, income, community, and relationships to understand where they are lacking support and who might be their best support. Then, the Family Mentor can find resources or direct funding towards the areas that are needed the most to help them thrive. For example, if the client is having trouble finding affordable housing, the Family Mentor will search for resources such as the Saline County Housing Authority which provides housing assistance programs to individuals in Saline County.

### Assisting families to reach independence

The goal of Family Mentoring is to ensure that the families have

the best support for years to come and can advocate for themselves. The Family Mentor must try to help the family establish their own independence, which includes guiding the family to educate themselves on their rights, what resources are available to them, and where they can go for help. This is crucial if they need help in the future, so they can find it and act sooner. It's better if the Family Mentor acts as more of a person of guidance for the families. As the old proverb says, "Give a person a fish and you feed them for a day; teach a person to fish and you feed them for a lifetime."

### Spanish Parent Education

CAPS provides Spanish Speaking parenting education through the Family Mentoring program, but also evening classes at CAPS and online via Zoom. Parenting classes are facilitated in Spanish to build new

parenting skills and new methods for parents of children in different age groups. CAPS Spanish Speaking educators strive to teach parents new and rewarding skills to develop happier and more fulfilling parenting experiences. CAPS Spanish Speaking educators have overcome some barriers and some culture norms to reach Spanish

speaking parents and teach them new skills.

CAPS also provides a bilingual library of educational books for parents and children to borrow and check-out. It is in the front lobby of the CAPS office.

**Commitment to the families**

One of the greatest

parts about being a Bilingual Family Mentor is helping families and helping them enter a world of opportunity that might have been difficult to access before. Some families may have limited English and are wanting to find resources including classes to teach the English language. The families are so welcoming and

happy to have help. Mentors are committed to serving families and work hard to connect clients with programs to better themselves. By serving the Spanish speaking communities, CAPS is able to improve more childrens' lives and strengthen more families in our community.

## New at CAPS



The Original Grande donated **\$2,488.95** to CAPS in April. The money was raised from their March burrito and sancho sales.

Pictured L-R: Diane Huynh, JRI Hospitality; Mark Scholler, JRI Chief Development Officer; Lori Blake, CAPS Executive Director; Lora Kirmer, CAPS Community Engagement Coordinator; Ralita Cheeks, CAPS Board Member; Megan Ingermanson-Browne, JRI Hospitality; and Daman Hoar, JRI Hospitality

Local organizations and individuals raised a total of **\$2,325** throughout April for Child Abuse Prevention Month. First Bank Kansas raised **\$1,410** through Denim Days.

Pictured L-R: Cara Emig, First Bank Kansas; Kim Gilbertson, First Bank Kansas; Lori Blake, CAPS; and Lora Kirmer, CAPS



### More Respite Childcare sessions

CAPS Respite Childcare is free, quality once-per-week childcare for infants and toddlers. Previously, Respite Care was offered 9 am - noon Monday through Friday and some afternoons. Starting July 5, Respite Care will be offered every morning and afternoon, Monday through Friday. CAPS

is accepting children ages 1-5 for the new afternoon sessions. Please apply by visiting CAPS.

### Volunteers Needed

CAPS seeks caring adults to volunteer in the infant and toddler classrooms. Volunteers will help maintain a safe, friendly and supportive environment. Must be 18 or older and pass a background check. Please call CAPS at 785-825-4493 or email

Jace (pronounced Jase-ee) Griffith received her Bachelor's in Psychology at Benedictine College here in Kansas. After working for CPS out of state for a year, she returned to work for CAPS in March of 2022. She came to Chris's Place Child Advocacy Center at CAPS to help children tell their stories as a forensic interviewer and victim advocate. Welcome, Jace!

Lora at [lora@capssofsalina.org](mailto:lora@capssofsalina.org) for more information.

### Free childcare for staff

CAPS is proud to announce that we offer free, full-time childcare to our staff for children 8 weeks - 5 years old. Free onsite childcare for staff reduces the financial burden of finding quality care for children before they enter school, thus reducing stress for our employees.

## New Employee



Jace Griffith, BA  
Victim Advocate and  
Forensic Interviewer



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# Many Thanks!

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## January 1, 2022-May 31, 2022

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Advisors  
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## Match Madness Results \$13,243.56

Thank you Matt Garretson for shooting our free throw and half court shots!

## Auction Results \$57,186.90

Thank you for helping create spaces where every child can be safe, healthy and strong!



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## Volunteers

Bryant Baez  
Gacy Dorzweiler  
Avery Eshleman  
Isidra Franco  
Reagan Heidrick  
Rita Johnson  
Lilly Koland  
Natalie Medellin  
Ann Mikkelsen  
Lauryn Mikkelsen  
Mary Jane Mortimer  
Nguyen Nguyen  
Marissa Patton  
Chris Ritter  
Emma Roberts  
Salina Area Young Professionals Steering Committee  
Sally Siegrist  
Stevie Silverman  
Karen Sutton  
Dottie Wallace  
Ryann Woodall

We are grateful for our CASA volunteers who dedicate their time to the children they serve.

## \$394 RAISED FOR CHILD ADVOCACY & PARENTING SERVICES



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