



A FREE CAPS PARENTING EDUCATION CLASS



Love and Logic for Teens

The teen years bring with them a whole new set of parenting experiences. Learn to avoid power struggles that can destroy relationships and set limits that let your teens know they are loved. Teach your teens good decision making skills. Help them navigate the rocky years of peer pressure.

[REGISTER HERE](#)

or visit capsosalina.org to learn more

Free childcare; If social distancing cannot be maintained, masks will be required.

**Thursdays,
6:00-8:00 pm**

April 14, 21, 28; May 5

**155 N. Oakdale
Suite 200
Salina, KS 67401**

Join CAPS Parent Educator Katy Vinson to learn how to:

- Adopt an open mind-set
- Help turn your teen's feelings of self-doubt into feelings of self-worth
- Teach responsibility without power struggles
- Focus on what's right



Katy Vinson, BS
CAPS PARENT EDUCATOR



CHILD ADVOCACY & PARENTING SERVICES, INC.

Comuníquese con nosotros al 785-825-4493 o visite nuestro sitio web en capsosalina.org para obtener más información sobre la programación CAPS.

