



**Monday nights,
7:00-8:30 pm
March 21, 28; April 4, 11**



A FREE CAPS PARENTING EDUCATION CLASS

The Explosive Child or Raising Human Beings

“Kids do well if they can - if the kid could do well, the kid would, because doing well is preferable.”
-Dr. Ross Greene, Ph.D, Associate Clinical Professor at Harvard Medical School

Dr. Green’s two books that title this class are based on his extensive work with families, schools and therapeutic facilities. If your child lacks the skills to be flexible, handle frustration and solve problems, this class is for you.

REGISTER HERE

or visit capsosalina.org to learn more

- You will learn about this powerful communication model and:
- Understand the factors that contribute to challenging episodes
 - Reduce or eliminate challenging episodes by solving the problems that cause them
 - Solve problems collaboratively and proactively
 - Help your child develop the lagging skills needed to be more adaptable and resilient
 - Reduce hostility and antagonism between you and your child



Vicki Price, MS
CAPS EDUCATION PROGRAM DIRECTOR



Rex Cearley, MS
CAPS PARENT EDUCATION PARTNER



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more about CAPS programming.

