



A FREE CAPS PARENTING EDUCATION CLASS


How to Talk with Your Kids About the Birds and the Bees *Without Getting Stung*

Parents work hard to help their children develop physically, socially, spiritually, but often neglect their sexuality. Talking about sex with your child can prevent many problems—low-self esteem, increased risk of sexual abuse and looking for love in all the wrong places. But, more than that, talking about it can help our children be safe, smart and strong. We are a highly sexualized society, however children and teens usually have little accurate information. If parents don't talk, children will find answers to their questions from their peers or the media.

You want to be that source of information!

REGISTER HERE

or visit capsosalina.org to learn more



Mondays
7:00-8:30 pm

Feb. 21, 28; March 7

Come and learn how to talk comfortably with your children of all ages about this vital part of their development—not just about their “plumbing”, but about values and respecting our sexual selves.



Vicki Price, MS
CAPS EDUCATION PROGRAM DIRECTOR



Dr. Elaine Ferguson
CAPS EPARENT EDUCATION PARTNER



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more about CAPS programming.

