



A FREE CAPS PARENTING EDUCATION CLASS

Cooperative Parenting in Divorce

This 7-session course will assist divorcing or divorced parents in reducing parental conflict and improving their child's post-divorce adjustment.

REGISTER HERE

or visit capsosalina.org to learn more.

Monday nights, 6:00-8:00

**Sep. 13, 20 & 27;
Oct. 4, 11, 18 & 25**

**155 N. Oakdale
Suite 200
Salina, KS 67401**

Join Katy to learn:

- Conflict management skills
- Keeping child-focused
- Handling tense situations
- Making a peace plan
- Cooperation skills
- How to communicate with your ex without lighting a fuse
- Reducing bitterness
- Improving relationships between separate households



Katy Vinson, BS
CAPS PARENT EDUCATOR



CHILD ADVOCACY & PARENTING SERVICES, INC.

Contact us at 785-825-4493 or visit our website at capsosalina.org to learn more about CAPS programming.

